

GymBeam Fitness Company GmbH

Kärtner Ring 1  
1010 Wien  
Austria



Our Sign : RRU  
Date : 16.06.2026

### **Certificate of analysis 26024844 - 012**

Sample name : Men's Essentials - GymBeam 120 tab

Marking of sample : LC240525 022028

Customer No. : none

Packaging : Commercial package/plastic bottle

Sample amount : 2 x 140 g

Shipping of sample : Courier Service

Sample entry : 20.05.2026

Entrance temperature : Room temperature

Sample taken : by sender

Begin/end of analysis : 20.05.2026 / 16.06.2026

The test results apply only to the test items described in the report. No responsibility is accepted for the validity of the results if any data or information provided by the customer may affect them. Data provided by the customer are clearly identified. The laboratory assumes no responsibility for the sampling including minimum quantities unless it was carried out by samplers from a company within the GBA Group or on its behalf. In this case, the results apply to the sample as received. The test report may not be published or reproduced, in whole or in part, without the written consent of the issuing company. The general terms and conditions are available at <https://www.gba-group.com/en/general-terms-and-conditions/>.

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Dok.-Nr.: ML 510-01 # 2 V1 E, 511, 19.02.2026

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## Test Results

| Chemical/Physical Test                  | Result | Unit              | Declaration | ± MU  | MU[%] | MU Source |
|-----------------------------------------|--------|-------------------|-------------|-------|-------|-----------|
| Ascorbic acid                           | 224    | mg/ daily serving | 240         | 45    | 20    | I         |
| Vitamin E (alpha-Tocopherol)*           | 18,9   | mg/ daily serving | 20          | 3,8   | 20    | I         |
| Vitamin A                               | 657    | µg/ daily serving | 500         | 164   | 25    | I         |
| Vitamin K2 / Menaquinone-7 (MK7)        | 80     | µg/ daily serving | 75          | 4     | 5     | IV        |
| Vitamin D3                              | 2,9    | µg/ daily serving | 5           | 0,44  | 15    | I         |
| Vitamin B1 (Thiamine)                   | 3,3    | mg/ daily serving | 4,4         | 0,66  | 20    | I         |
| Vitamin B2 (Riboflavin)                 | 4,3    | mg/ daily serving | 5,6         | 0,65  | 15    | I         |
| Niacin                                  | 39     | mg/ daily serving | 35          | 5,9   | 15    | I         |
| Vitamin B6                              | 4,9    | mg/ daily serving | 5,6         | 0,98  | 20    | I         |
| Biotin                                  | 133    | µg/ daily serving | 150         | 33    | 25    | I         |
| Folic acid                              | 600    | µg/ daily serving | 400         | 120   | 20    | I         |
| Vitamin B12                             | 7,1    | µg/ daily serving | 10          | 2,5   | 35    | I         |
| Magnesium                               | 85     | mg/ daily serving | 84          | 13    | 15    | I         |
| Zinc                                    | 20,1   | mg/ daily serving | 15          | 4     |       |           |
| Iron                                    | 19,5   | mg/ daily serving | 14,5        | 3,9   | 20    | I         |
| Chromium                                | 190    | µg/ daily serving | 150         | 38    | 20    | I         |
| Iodine                                  | 18,6   | µg/ daily serving | 150         | 4,5   | 24    | IV        |
| alpha-lipoic acid                       | 86     | mg/ daily serving | 100         | 8,6   | 10    | IV        |
| Cholin, free and bound                  | 32,9   | mg/ daily serving |             | 6,3   | 19    | IV        |
| Coenzyme Q10 (ubiquinone and ubiquinol) | 9,5    | mg/ daily serving | 10          | 1,8   | 19    | IV        |
| Hesperidine                             | 52,7   | mg/ daily serving | 50          | 2,6   | 5     | IV        |
| Lycopene                                | 0,11   | mg/ daily serving | 1           | 0,028 | 25    | IV        |
| Weight per dosage form                  | 1,12   | g                 |             | 0,011 | 1     | VII       |
| Daily serving                           | 2      | tablet(s)         |             |       |       |           |

\* assuming the product contains only D-α-tocopherol forms.

### Assessment:

The deviation of the content of vitamin D3, vitamin B1, vitamin B2, vitamin B12 and iodine from the declared value is outside the tolerance specified in the Guidance Document of the EU Commission (cf. Guidance document of the EU Commission with regard to the setting of tolerances for nutrient values declared on a label in food supplements from December 2012).

Hamburg, 16.06.2026

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*This test report is done automatically and is valid without signature.*

## Methods

| Parameter                               | Method                                                                                                    | DR |
|-----------------------------------------|-----------------------------------------------------------------------------------------------------------|----|
| Ascorbic acid                           | HH-MA-M 02-007: 2019-12 <sup>a</sup> <sub>0</sub>                                                         | z  |
| Vitamin E (alpha-Tocopherol)*           | § 64 LFGB L 00.00-62: 2015-06 <sup>a</sup> <sub>0</sub>                                                   | z  |
| Vitamin A                               | § 64 LFGB L 00.00-63/1: 2015-06 <sup>a</sup> <sub>0</sub>                                                 | z  |
| Vitamin K2 / Menaquinone-7 (MK7)        | FV-0533 02-022, HPLC-FLD after derivatization: 2024-09 <sup>a</sup> <sub>1</sub>                          | z  |
| Vitamin D3                              | § 64 LFGB L 00.00-61: 2010-01 <sup>a</sup> <sub>0</sub>                                                   | z  |
| Vitamin B1 (Thiamine)                   | HH-MA-M 02-160, LC-MS/MS: 2024-03 <sup>a</sup> <sub>0</sub>                                               | z  |
| Vitamin B2 (Riboflavin)                 | HH-MA-M 02-160, LC-MS/MS: 2024-03 <sup>a</sup> <sub>0</sub>                                               | z  |
| Niacin                                  | HH-MA-M 02-160, LC-MS/MS: 2024-03 <sup>a</sup> <sub>0</sub>                                               | z  |
| Vitamin B6                              | HH-MA-M 02-160, LC-MS/MS: 2024-03 <sup>a</sup> <sub>0</sub>                                               | z  |
| Biotin                                  | HH-MA-M 02-160, LC-MS/MS: 2024-03 <sup>a</sup> <sub>0</sub>                                               | z  |
| Folic acid                              | R-Biopharm AG VitaFast Folic acid P1001, photometric: 2016-10 <sup>a</sup> <sub>0</sub>                   | z  |
| Vitamin B12                             | R-Biopharm AG VitaFast Vitamin B12 (cyanocobalamin) P1002, photometric: 2017-02 <sup>a</sup> <sub>0</sub> | z  |
| Pressure pulping                        | § 64 LFGB L 00.00-19/1: 2015-06 <sup>a</sup> <sub>0</sub>                                                 | q  |
| Magnesium                               | § 64 LFGB L 00.00-144, ICP-OES: 2019-07 <sup>a</sup> <sub>0</sub>                                         | z  |
| Zinc                                    | § 64 LFGB L 00.00-144, ICP-OES: 2019-07 <sup>a</sup> <sub>0</sub>                                         | y  |
| Iron                                    | § 64 LFGB L 00.00-144, ICP-OES: 2019-07 <sup>a</sup> <sub>0</sub>                                         | z  |
| Chromium                                | DIN EN 15763, mod., ICP-MS: 2010-04 <sup>a</sup> <sub>0</sub>                                             | y  |
| Iodine                                  | PNTe/LQM/FYQ/316: 2025-05 <sup>a</sup> <sub>58</sub>                                                      | z  |
| alpha-lipoic acid                       | FV-0533 02-015 HPLC-UV: 2024-08 <sup>a</sup> <sub>1</sub>                                                 | z  |
| Cholin, free and bound                  | FV-0243 02-003, LC-MS/MS: 2026-04 <sup>a</sup> <sub>1</sub>                                               | z  |
| Coenzyme Q10 (ubiquinone and ubiquinol) | FV-0533 02-008, HPLC-UV: 2024-09 <sup>a</sup> <sub>1</sub>                                                | z  |
| Hesperidine                             | FV-0533 02-020, HPLC-UV: 2024-12 <sub>1</sub>                                                             | z  |
| Lycopene                                | FV-0243 02-018, HPLC-UV: 2021-12 <sup>a</sup> <sub>1</sub>                                                | z  |
| Weight per dosage form                  | HH-MA-M 10-030, gravimetric: 2021-11 <sup>a</sup> <sub>0</sub>                                            | z  |

The methods marked with <sup>a</sup> are accredited methods of the performing laboratory.

Testing laboratory: <sub>0</sub>GBA Hamburg <sub>1</sub>extern <sub>58</sub>LQM

MU-Source:

I: According to DIN ISO 11352 as expanded, combined measurement uncertainty with k = 2 (95 %), sampling not included

IV: According to subcontractor

VII: According to expert estimation

Decision rules:

z: In conformity assessment, measurement uncertainty is disregarded and serves as informational data only.

q: The conformity assessment of qualitative measurement values (positive/negative, conforms/ does not conform) is performed without considering additional analytical measurands.

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y: In conformity assessment, measurement uncertainty is disregarded for measured values below the tolerance limit. For measured values exceeding the tolerance limit, measurement uncertainty is subtracted from the measured value. If no conformity assessment is performed, measurement uncertainty serves as informational data only.